



June

Thanks for downloading June's Make. Do. Create. Workshop in a PDF! I hope you find this project to be fun and inspirational!

In addition to the supplies listed, you'll also need some basic items you probably have, like a needle, scissors, etc.

This workshop is for personal use only. Please do not sell the project you make, use the project in a class for profit, or redistribute the file. However, you may make this project for gifts, use with a group of children, such as a Girl Scout Troop, or make with friends for a craft gathering.

If you have any questions about the project or usage, please email:
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Stretched Embroidery Hoop

Like a picture in a picture, but stitched!



Here's what you'll need:

- 6" Wooden embroidery hoop
- Acrylic paint
- Embroidery thread
- 10-12" square of muslin
- 2 Straight pins



Here's what you'll do:

Start by painting the outside of your embroidery hoop. You can paint the inside, but if it is a dark color it will show through your fabric. Allow to dry overnight.



Transfer your pattern to the center of your fabric, and stitch up the Stretched Embroidery Hoop. I used a different hoop than the one I painted. Match the thread color for the hoop to the color you've painted your embroidery hoop.



Iron your embroidered fabric and place in your painted hoop. Using 2 straight pins, attach your finished piece to the wall.



Enjoy your embroidery hoop in an embroidery hoop!

Other ideas:

- I'm a fan of frayed edges, but you could hem the edges for a more finished look.
- Use a handkerchief (plain or vintage printed!) instead of muslin for a different look.
- Stitch only the face on your fabric, and you'll just have Stretched Embroidery Hoop (not a picture in a picture!).



Helpful Links

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Embroidery:

purlbee.com/embroidery-tutorial/

instructables.com/id/Embroidery-101/



Embroidery Pattern

